



Delaware Opportunities Inc.
Child Care Resource & Referral
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"Building Excellence in Child Care"

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Provider News

July 2021

• Burn Safety Awareness on Playgrounds

The U.S. Consumer Product Safety Commission (CPSC) wants you to be aware of the risk of thermal burns from playground equipment. You may remember the metal slides of your youth and how they could get very hot in the summer sun. But what you may not realize is that today's newer materials, such as plastics and rubbers, also have the potential to become hot enough to burn a child's skin.

The weather does not have to be hot in order for equipment to heat up and cause burns. Even in mild weather, as long as the equipment or surfacing is in direct sunlight for an extended period of time, there is a risk of sustaining a thermal burn injury.

Metal is not the only material that can cause thermal burns. Because it is known that bare (uncoated) metal slides can cause severe burns, many pieces of metal playground equipment have either been replaced with plastic equipment or coated with heat-reducing paint yet burns still occur on playgrounds. CPSC is aware of nearly 30 thermal burn incidents from 2001-2008. Of those incidents, 10 were associated with plastic, rubber, or other nonmetal surfaces, and seven were associated with metal surfaces. For more detailed information, right click and open the hyperlink below.

<https://www.cpsc.gov/s3fs-public/3200.pdf>

• Sunflower Project 2021

This year our team here at Delaware Opportunities CCR&R invited providers to participate in the Sunflower Project. Free seeds were mailed to those who responded and wanted to participate. We have asked that programs send photo updates each week for chances to win a prize at the end of the season. Out of 18 participants 8 have been regularly sending updates! We will remain in contact with all those participating through email with fun updates and activities!



• Opportunity for Free Pack and Play

OCFS is providing family-based child care providers a Graco Pack 'n Play crib – free. All legally-exempt, family day care, and group family day care homes are eligible to request one Pack 'n Play and one fitted sheet. Find out more about how to make a request, and see the OCFS hold harmless agreement here:

[Information for Providers | Division of Child Care Services | OCFS \(ny.gov\)](#)

• Pom Pom Caterpillar

Supplies:

Green craft paper
Mini pom poms
Small googly eyes
Scissors
Craft glue
Hole Punch

Directions:

This may be a great project for different age children to work on together! The cutting and hole punching can be done by school age children and the gluing and sticking by the toddler and preschoolers. Gather supplies and prepare green craft paper by cutting out a leaf pattern. Draw free hand or trace a leaf pattern. Make sure your leaf is large enough for the caterpillar. Next use the hole punch to make 4-6 holes in the paper leaf. This will look like your caterpillar was very hungry and took a few bites of your leaf! Use a sharpie or crayon to draw leaf pattern lines if you wish. Have your toddler or preschooler select the pom pom of their choice. Next glue 4 pom poms side by side or more if you'd like. Glue two googly eyes on the end pom pom, towards the top so they are visible. To finish your project, glue your caterpillar to the leaf!

• Pizza Muffins

<https://twinmomrefreshed.com/pizza-muffins/>

You will need:

- 1 1/2 cups all-purpose flour (whole-wheat works well too)
- 1/2 teaspoon Italian Seasoning Mix
- 1 teaspoon baking powder
- 1/4 cup butter melted (unsalted)
- 2 eggs
- 1 cup milk
- 2 tablespoons marinara sauce
- 1/2 cup mozzarella cheese
- 1/2 cup cheddar cheese
- 3/4 cup mini pepperoni (you could also add in diced mushrooms, olives, sausage, peppers, etc. or just leave plain)

Directions: Grease your muffin tin well (otherwise the muffins will stick). Mix flour, Italian seasoning, and baking powder in a bowl. Separately mix melted butter, eggs, milk, and marina sauce. Pour wet ingredients into the dry ingredients and mix until combined – don't overmix otherwise muffins can be tough. Fold in cheese and pepperoni or other toppings you want to add into the mixture. Fill muffin tin 3/4 full of batter. Bake at 375* for 15-20 minutes or until a toothpick comes out clean.

• Child Care Resource & Referral: Our Mission

Delaware Opportunities Inc. Child Care Resource & Referral program is committed to promoting quality, affordable child care that results in education and healthy development of children and supports strong families and communities. To read our public policy agenda and learn more about child care issues, find facts about child care in Delaware County and New York State, or to join advocacy campaigns to strengthen the quality of child care visit: Public Policy | Delaware Opportunities Inc. or contact a day care specialist Monday – Friday, 8:00 a.m. – 4:00 p.m. at 607-746-1620 locally or toll free at 1-877-746-2279; or by email at Daycare@delop.org.