



Delaware Opportunities Inc.
Child Care Resource & Referral
35430 State Highway 10, Hamden, NY 13782
"Building Excellence in Child Care"

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Provider News

Spring 2019

- **tiny art BIG LEARNING Children's Art Display**

April 1-30, 2019

Delaware Opportunities Inc. Child Care Resource & Referral will celebrate the Week of the Young Child by displaying children's artwork in the lobby of Delaware Opportunities during the month of April. Providers are invited to participate by submitting tiny artwork made by the children in your care. What do we mean by tiny? A 5X5 piece of paper! Although the artwork may be tiny there is nothing tiny about the BIG learning that happens in the early years! In fact, experiences like using art materials are exactly how children learn! [All the details and guidelines can be found here](#) or contact a day care specialist at 607-746-1620 or by email at daycare@delop.org for more information. PLEASE submit artwork by March 22, 2019.

- **Week of the Young Child (WOYC) April 8-12, 2019**

Visit www.naeyc.org/events/woyc/overview for event ideas and activities for this week-long celebration of our youngest learners.

- **SAVE THE DATE! Delaware Opportunities Inc. 11th Annual Children's Festival**

Wednesday, June 26, 2019 from 10am-2pm. Hands on activities, car seat fitting, refreshments, Animal Adventure...FREE! Contact Delaware Opportunities at 607-746-1620 for more information.

- **Upcoming Trainings**

- **Pretend Play with Infants and Toddlers**

with Kathleen Harland, Infant Toddler Specialist from the Capital District Child Care Council

Tuesday, April 9, 2019 • 6:30pm-8:30pm • Delaware Opportunities, 35430 State Highway 10, Hamden, NY 13782

Young children learn by imagining and doing. You have likely seen a child pick up a stone and pretend it is a zooming car, or hop a Lego across the table as if it were a person or a bunny. This child is using an object to represent something else while giving it action and motion. But this pretend play is not as simple as it may seem. The process of pretending builds skills in many essential developmental areas. We'll explore the many ways pretend play can support social and emotional skills, language and thinking skills. Shared moments with everyday household items can encourage empathy and emotional expression. This creativity and focus, two important school readiness skills, get a great start through pretend play interactions in these infant and toddler years. Join us for a "hands on" look at pretend play ideas and examples. Registration is required. Contact a daycare specialist at 607-746-1620 or by email at daycare@delop.org to reserve your seat.

- **Webcast Training for Child Care Providers**

Thursday, April 11, 2019:

Delaware Opportunities Inc., 35430 State Hwy. 10, Hamden, NY 13782

Training starts promptly at 6:45 pm. No cost. For training descriptions, OCFS training topic areas and to register for the webcast training please visit <https://www.ecetp.pdp.albany.edu/>.

- Resilience: The Biology of Stress & The Science of Hope

The Parent Technical Assistance Center in conjunction with the Early Childhood Direction Center

Tuesday, April 23, 2019 • 6:00pm-9:00pm • Delaware Opportunities, 35430 State Highway 10, Hamden, NY

13782. Join us as we view and discuss the documentary Resilience, a film that delves into the science of Adverse Childhood Experiences and the birth of a new movement to treat and prevent toxic stress. The viewing of this documentary will be followed by an interactive Brain Architecture game session. Where you will create your own “brain” from the cards you have been dealt and have a hands-on experience of how stress affects developing brains. FREE! 3 hours of training. OCFS topic areas 1 and 4.

Registration is required. Contact a day care specialist at 607-746-1620 or by email at daycare@delop.org.

-FREE! Full-day Infant Toddler Workshop

Location *SUNY Cobleskill*

Saturday, April 27, 2019 9am

Focus on infant development at this free, full-day training hosted by the Council's Regional Infant Toddler Technical Assistance Center in cooperation with SUNY Cobleskill's Early Childhood and Psychology Department. Registration opens in March. Visit www.cdcccc.org or call 518-426-7181 or more information.

-NYAEYC 2019 Annual Conference

April 4-6, 2019 • Turning Stone Resort

Visit <http://nyaeyc.org/annual-conference-3/> for information on registration, cost, training topics, hotel accommodations and more.

-Make Mine Breastfeeding Friendly

Supporting Breastfed Babies and Families in Day Care Home

The Child and Adult Care Food Program (CACFP) has developed a web-based training for day care home providers to obtain their Breastfeeding-Friendly (BFF) designation. The 30-minute training is available on demand. To obtain your BFF designation you will need to view the training, complete the quiz, print out the certificate, complete the Day Care Home Breastfeeding Friendly Self-Assessment and submit the training certificate and self-assessment to your CACFP sponsor. To view the training go to: https://cacfpny.adobeconnect.com/make_mine_bff/. You may need to install Adobe Flash Player. Go to: <http://get.adobe.com/flashplayer/>

The Day Care Home Breastfeeding Self-Assessment can be found here:

<https://www.health.ny.gov/prevention/nutrition/cacfp/breastfeedingspon.htm>

• Intensive Technical Assistance (ITA)

What is ITA?

ITA is program designed to help YOU enhance your child care program. You decide on an area you would like to focus on and a day care specialist will provide assistance in your child care program. A day care specialist will work with you individually to schedule 1, 2, 3 or 4 visits. Each visit is scheduled for one hour.

What is the cost? There is no cost. **Can you earn training credit?** Yes!

For more information contact a day care specialist at 607-746-1620 or by email at daycare@delop.org.

• Animal Tape Rescue Activity

You will need some plastic animals, masking or painters tape and a cookie sheet. That's it! Simply tape the animals to the cookie sheet and invite your toddler or preschooler to rescue all the animals. A simple but challenging activity with a lot of learning opportunities (vocabulary, eye hand coordination, fine motor skills, problem solving, planning and decision making).

<https://busytoddler.com/2018/09/animal-tape-rescue/>



ANIMAL TAPE RESCUE

