



Delaware Opportunities Inc.
Child Care Resource & Referral
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"Building Excellence in Child Care"

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Provider News

June 2017

• Family Pages

The June 2017 edition of the Family Pages newsletter is now available. Please feel free to share with families! Click [here](#) to find it on our website.

• Events

-The Delaware Opportunities Inc. 9th Annual Children Festival

Families, child care providers, teachers...join us under the big tent on June 28th from 10-2 for the Delaware Opportunities Inc. 9th Annual Children's Festival. This year's theme is a *Moving Child is a Learning Child*. Enjoy a fun filled day of hands-on-activities with your children and the children you care for. All activities are free! Rain or shine! Dress for play! Delaware Opportunities Inc., 35430 State Hwy. 10, Hamden, NY 13782.

• Reminders

-Materials and Play Equipment

With the warmer weather finally arriving the children will be using the outdoors a bit more for playing and exploring. It is a good time to make a thorough check of your outdoor materials and play equipment. What do the regulations say?

- Materials and play equipment used by the children must be sturdy and free from rough edges and sharp corners
- Play equipment must be in good repair, and be placed in a safe location
- Play equipment must be used in a safe manner
- Play equipment must be used specifically for its intended purpose. Such equipment and apparatus may be used only by the children for whom it is developmentally appropriate.
- There must be a cushioned surface under all outside play equipment that present a fall hazard. Surfacing may not include concrete, asphalt, grass or hard compacted dirt.

• Training

-Videoconference: More Than Just "Use Your Words": Promoting Positive Communication with Children

June 1, 2017 • Videoconference begins at 6:45pm • 2.5 hours of training and .25 CEU's •

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Register online at: <https://www.ecetp.pdp.albany.edu/videoconferencing.shtm>

-Mandated Training Requirement Added to Child Care Regulations

The federal Child Care and Development Block Grant (CCDBG) requires certain licensed, registered, and legally exempt child care employees, caregivers and volunteers to complete health and safety training by September 30, 2017. These requirements have been adopted as emergency regulations in Title 18 of *New York Codes, Rules and Regulations* and a notice of proposed rulemaking was filed with the *New York State Register* on 3-20-2017. The effective date of the emergency regulations is **March 20, 2017**. Training must be completed by **September 30, 2017**.

To implement this new federal requirement, OCFS developed an e-learning session that, once completed by participants, will satisfy all required health and safety topics. This OCFS health and safety e-learning is named **Foundations in Health and Safety e-learning**. There is no charge for the training, which can be found at the

following website: https://www.ecetp.pdp.albany.edu/elearn_catalog.shtm. This fully-narrated five-hour course offers important information and strategies to facilitate and improve the safety and health of children in regulated child care programs and enrolled legally exempt programs. Child care providers and caregivers completing this course will receive training credit in federally mandated health and safety topic areas

Licensed and registered programs needing more information: go to "Letters to Providers" at:

<http://ocfs.ny.gov/main/childcare/letters.asp>

• Child and Adult Care Food Program (CACFP)

-Changes to CACFP

Many of you have received training on the new CACFP meal pattern and are making changes to your menus. For those of you who have not received training yet we are working on training all CACFP home participants on the changes to the meal pattern. The new meal patterns are more consistent with the Dietary Guidelines for Americans. With the new meal patterns, meals served will include a greater variety of vegetables and fruits, more whole grains and less added sugars and fats. The new meal pattern will take effect on October 1, 2017. You can read the policy memo [here](#). Look for No. 191 and 191H.

• Recipe

Move over crackers...today we're having a RAINBOW for snack!

Ingredients:

Red pepper
Orange pepper
Yellow pepper
Green pepper
Cauliflower florets
Hummus

-OR-

Red grape tomatoes (halved)
Carrots sticks
Yellow pepper
Green grapes (halved)
Cauliflower
Hummus



www.superhealthykids.com

Directions:

- Slice up veggies or fruit
- Create a rainbow
- Use cauliflower florets as clouds
- Offer hummus for dipping

• Giant Cardboard Flowers

Check out these fun **Giant Cardboard Flowers** made with...you guessed it! Cardboard, a little paint, a stick and some yarn.

There is some cutting involved in this activity and cutting through cardboard isn't always easy for younger children...if it's not age appropriate for your group consider skipping this step and have fun with decorating the flower. Same goes for gluing on the leaves...maybe focus on decorating the stem (stick) with yarn, paint or even washi tape. The stem could easily be attached to the flower with heavy duty tape.



For all the details visit <http://make-it-your-own.com/gigantic-cardboard-flowers/>