



Child Care Resource & Referral Winter Newsletter

'Building Excellence in Child Care'



TRAINING OPPORTUNITIES

Delaware Opportunities CCR&R offers an array of different trainings for all providers!

Business Related

- Strengthening Business Practices (Financial Management)
- Records Maintenance Refresher

Social/Emotional

- The Pyramid Model
- Let's Learn About Feelings
- Sensory Activities

Physical Activity

- Indoor & Outdoor Play

Program Development

- Policies & Procedures
- Supervision of Children
- Health & Safety

Nutrition

- Food Groups
- Healthy Snacks
- CACFP Related

Other

- Literacy & Life Skills
- Fire & Emergency Safety
- ACEs

***We offer providers free training and technical assistance that can be tailored towards a specific topic of the provider's choosing.**

WINTER "SPRAY PAINTING"

Need a simple outdoor activity for these chilly winter months that's "snow" much fun? Let the kids become snow artists!

You'll Need:

- Spray bottle
- Food coloring
- Water

Fill a spray bottle (as many as the number of children in your care) with water. Add food coloring and shake well. Take the bottles outside with you and let the children decorate the snow! Easy and super simple! You can also use washable craft paint and paintbrushes to paint pictures in the snow!

For more outdoor activity ideas, [click here](#), or contact a Day Care Specialist at Delaware Opportunities today!

THANK YOU

We would like to extend our sincerest thanks to everyone who attended the Self-Care Saturday event on December 9th, 2023! A flat tire didn't stop us from having a great time and participating in all of the fun and relaxing self-care activities, as well as engaging in conversations regarding mental health and the importance of taking care of yourselves in order to take care of the kiddos you all work with. We would again like to thank everyone for their patience and understanding and for giving up a Saturday morning to spend with us! We are hoping to do another event like this one again in the springtime and would love to see even more providers there! If you have any ideas for trainings, please don't hesitate to reach out!

Wishing you all a happy and healthy holiday season!

TRAINING REQUIREMENTS FOR CHILD CARE STAFF

DCC: Day Care Center SACC: School Age Child Care FDC: Family Day Care GFDC: Group Family Day Care

15 Hours within first 6 months of employment

- DCC & SACC Directors
- DCC & SACC Staff/Substitutes/Volunteers
- FDC & GFDC Providers
- FDC & GFDC Assistants/Substitutes/Volunteers

30 Hours every 2 years in the 10 required training topics

- DCC & SACC Directors
- DCC & SACC Staff/Substitutes/Volunteers
- FDC & GFDC Providers
- FDC & GFDC Assistants/Substitutes/Volunteers

Minimum of 5 hours of Office-approved training every year CPR & First Aid certification

- DCC & SACC Directors
- DCC & SACC Staff/Substitutes/Volunteers
- FDC & GFDC Providers
- FDC & GFDC Assistants/Substitutes/Volunteers

- DCC & SACC Directors
- DCC & SACC Staff/Substitutes/Volunteers
- FDC & GFDC Providers
- FDC & GFDC Assistants/Substitutes/Volunteers
- *For centers, at least ONE person must be certified during all hours of operation.

Health and Safety Training: Competencies in Child Care for Day Care Center, School-Age Child Care, and Enrolled Legally Exempt Group Directors

- DCC & SACC Directors
- *15 hours required pre-service or within 3 months of start date

Health & Safety: Competencies for Becoming a Family or Group Family Day Care Providers

- FDC & GFDC Providers
- *15 hours required pre-licensing

5-Hour E-Learning Course "Foundations in Health and Safety"

- DCC & SACC Staff/Substitutes/Volunteers
- FDC & GFDC Assistants/Substitutes/Volunteers
- *15 hours required pre-licensing



TRY IT OUT - APPLE SNOWMAN SNACK



CACFP Required Components: Grains & Fruit

Directions:

Provider Prep:

- Cut apples into thin slices. Use a round cookie cutter or small glass to make circles.
- Cut cheddar cheese into little triangles for the nose

Steps:

1. Have children arrange 3 apple slices to look like a snowman
2. Use a pretzel stick for each arm
3. Add mini chocolate chips for eyes and buttons
4. Place a cheese triangle for the nose
5. Add red icing for the mouth
6. Enjoy!! (The children can make multiple snowmen for a snack if they wish)

Serve with a glass of fat free, 1% milk, or whole milk to complete the meal components!

Ingredients

- Apples
- Pretzel sticks
- Mini chocolate chips
- Cheddar cheese
- Red icing



CHILD AND ADULT CARE FOOD PROGRAM

Do you participate in the Child and Adult Care Food Program (CACFP)? Did you know that this program allows to you receive:

- Money every month
- Free training
- Meal planning assistance
- Nutrition education

Delaware Opportunities Inc. is the sponsoring agency for the Child and Adult Care Food Program for registered family day care programs, licensed family day care programs and eligible legally exempt child care programs in Delaware County.

Interested in these benefits?

Contact a Day Care Specialist today!

REGULATION REVIEW

Outdoor Play:

- According to NYSOCFS regulations, daily supervised outdoor play is required for all children in care, except during inclement or extreme weather or unless otherwise ordered by a health care provider. Watching the weather is part of a child care provider's job. Planning for playtime, field trips, or weather safety is part of the daily routine. The changes in weather require the child care provider to monitor the health and safety of children.
- Click on the link to get your copy of the [Child Care Weather Watch Chart](#)

Reminders About Animals & Pets:

- Any animals present at the program must present no evidence of disease or parasite and pose no threat
- All animals present at the program that require a license must be licensed. And all required vaccinations must be kept current. These must be available requested by your licensor or registrar.
- Within twenty-four hours that an animal is first kept on the premises of a child care program, the program must provide written notice to the Office and parents of children in care that such animal is being kept on the premises. The program must provide parents with a written description of all animals kept on the premises prior to a child's enrollment in the program.

To access your program's state regulations, [CLICK HERE](#)

OUR MISSION

Delaware Opportunities Inc. Child Care Resource and Referral program is committed to promoting quality, affordable child care that results in the education and healthy development of children and supports strong families and communities. To read our public policy agenda and learn more about child care issues, find facts about child care in Delaware County and New York State, or to join advocacy campaigns to strengthen the quality of child care, [CLICK HERE](#) or contact a Day Care Specialist Monday-Friday, 8:00AM-4:00PM at (607)-746-1260 or toll free at 1-877-746-2279; or by email at daycare@delop.org.

"DANCE AROUND THE SNOWMAN"

Sung to: "Mulberry Bush"

"This is the way we dance around,
Dance around,
Dance around.
This is the way we dance around,
Our snowman in the morning."

Continue on with...

- *skip around
- *twirl around
- *crawl around
- *hop around
- *spin around
- *gallop around
- *sneak around
- *tip toe around



CONTACT US

Delaware Opportunities Inc.
Child Care Resource & Referral
Monday-Friday
8:00AM-4:00PM

 (607)-746-1620
Toll Free: 1-877-746-2279

 daycare@delop.org

 delawareopportunities.org

SAVE THE DATE



ANNUAL CONFERENCE
Verona, New York
May 16th-18th, 2024
Turning Stone Resort
For more information visit:
www.nysaeyc.org