



# CHILD CARE RESOURCE & REFERRAL

## Spring Newsletter

“BUILDING EXCELLENCE IN CHILD CARE”

### PROVIDER APPRECIATION DINNER

Save the Date

**MAY 22, 2024**

6:00-7:30PM

AN EVENING OF FOOD AND FUN!!

More Information to Come

### WEEK OF THE YOUNG CHILD

April 6th – April 12th  
2024

The purpose of the Week of the Young Child is to focus public attention on the needs of young children and their families and to recognize the early childhood programs and services that meet those needs.

### “FIVE FLOWERS TALL”

(Sung to: Five Little Ducks)

Five flowers tall in the flower shop  
(hold up hand with five fingers)  
blooming brightly, with the petals at the top  
Along came (child's name) with a dollar one day  
Bought a (child names a color) flower  
and took it away  
(put one finger down, move to next child and repeat)



### OUR MISSION

Delaware Opportunities Inc. Child Care Resource and Referral program is committed to promoting quality, affordable child care that results in the education and healthy development of children and supports strong families and communities. To read our public policy agenda and learn more about child care issues, find facts about child care in Delaware County and New York State, or to join advocacy campaigns to strengthen the quality of child care, [CLICK HERE](#) or contact a Day Care Specialist Monday-Friday, 8:00AM-4:00PM at (607)-746-1260 or toll free at 1-877-746-2279; or by email at [daycare@delop.org](mailto:daycare@delop.org).

### CHILD AND ADULT CARE FOOD PROGRAM

Do you participate in the Child and Adult Care Food Program (CACFP)? Did you know that this program allows you to receive:

- Money every month
- Free training
- Meal planning assistance
- Nutrition education

Delaware Opportunities Inc. is the sponsoring agency for the Child and Adult Care Food Program for registered family day care programs, licensed family day care programs and eligible legally exempt child care programs in Delaware County.

Interested in these benefits? Contact a Day Care Specialist today!



# REGULATION REVIEW

## 417.4 Fire Protection

- **417.4(a)**
  - Suitable precautions must be taken to eliminate all conditions which may contribute to or create a fire hazard.
- **417.4(h)(4)(i)**
  - Trash, garbage and combustible materials must not be stored in the furnace room, or in rooms or outdoor areas adjacent to the home that are ordinarily occupied by or accessible to children. If there is not a separate, enclosed furnace room, trash, garbage and combustible materials must not be stored within four feet of the furnace.

## 417.5 Safety

- **417.5(f)(1)**
  - Barriers must exist to prevent children from gaining access to any swimming pool, drainage ditches, wells, ponds or other bodies of open water located on or adjacent to the property where the day care program is located. Such barriers must be of adequate height and appropriately secured to prevent children from gaining access to such areas.

## 417.8 Supervision of Children

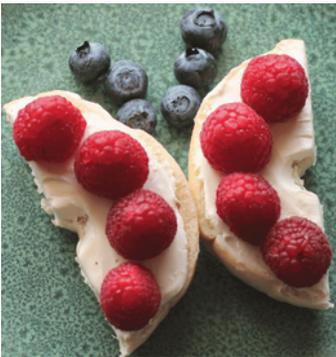
- **417.8(j)(2)**
  - When care is provided for children under the age of two years, there must be at least one caregiver present for every two children under the age of two years in attendance.

### **! REMINDER !**

Health Care Plans and Anaphylaxis Policies MUST be reviewed and acknowledged by parents ANNUALLY!!

To access your program's state regulations,  
[CLICK HERE](#)

If you have questions regarding regulations for your program,  
please contact your Registrar!!



## TRY IT OUT - THE BAGEL BUTTERFLY



**Total Time**  
5 minutes



**Servings**  
1 bagel



**Creditable Components**  
Grain, Fruit

### **Directions**

#### **Ingredients**

- Bagel (normal or mini size)
- Blueberries
- Raspberries
- Cream cheese

\*Use whole grain bagels to credit your daily whole grain requirement

1. The children can make this snack all on their own (with help if needed)
2. Give each child a bagel already split or cut in half with the cream cheese, and let them spread it around using the back of a spoon
3. Flip bagels around so that rounded edges are touching
4. Using the berries, encourage children to “decorate” their butterfly.  
Don't forget the antennas!
5. Serve with milk or water and enjoy this yummy snack!

# SPRING SONG

*(Sung to: The Farmer in the Dell)*

The sun is shining bright,  
the sun is shining bright.  
Oh, how I love the warmth,  
the sun is shining bright.

The rain is falling down,  
the rain is falling down.  
Oh, how I love the sound,  
the rain is falling down.

The flowers start to bloom,  
the flowers start to bloom.  
Oh, how I love the sight,  
the flowers start to bloom.



# BUBBLE RECIPE

You'll Need:

- 1 cup liquid dish soap
- 6 cups water
- 1/4 cup corn Syrup

Combine water and dish soap into a container. Stir slowly until soap is mixed in. Do not let foam or bubbles form. Add corn syrup. Stir until mixed well. For best results, let solution sit overnight. HAVE FUN!!

# CONTACT US

Delaware Opportunities Inc.  
*Child Care Resource & Referral*

Monday - Friday  
8:00AM - 4:00PM



(607)-746-1620  
Toll Free: 1-877-746-2279



daycare@delop.org



[delawareopportunities.org](http://delawareopportunities.org)

# 3 IN 1 FLOWER ACTIVITY

You'll Need:

- Flowers (real or fake)
- Water
- Ice trays
- Pipettes
- Sensory bin container
- Paper plates
- Markers
- Food coloring
- Toys for the sensory bin



## Activity 1: Frozen Flower Science

Prepare flowers to freeze. Have children help you pull apart the flowers but save a few for the next activity. Place flowers in ice trays filled with water and freeze! Once they are frozen, set up the sensory bin with warm water and pipettes. Put the frozen flowers into the sensory bin and encourage the children to melt the ice to get to the flowers!

## Activity 2: Flower Exploration

While your ice trays are in the freezer, have children explore the different leftover flowers, group them by color or size - however they wish! Have them use their senses to describe what the smell, look and feel like. Use the markers and paper plates to label the parts of a flower (petal, stamen, pistil and sepal).

## Activity 3: Flower and Water Sensory Bin

Once all of the flowers have melted, turn the ice activity into a sensory activity! You can add a drop or two of food coloring to the water and other sensory bin items such as colanders, ladles, scoops and even a small water wheel!

**For more Spring activities, contact a  
Day Care Specialist today!**

# SAVE THE DATE



## **ANNUAL CONFERENCE**

Verona, New York

May 16th-18th, 2024

Turning Stone Resort

For more information, please visit:

**[www.nyaeyc.org](http://www.nyaeyc.org)**