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Child Care Resource & Referral  
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"Building Excellence in Child Care"

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## Provider News

Winter 2018

### • The "Blue Card" Gets a Makeover

The Office of Children and Family Services has updated the Blue Card (OCFS-LDSS-0792 Day Care Registration) to make it more user friendly. Existing information has been reformatted and new categories have been added to capture important child-specific details. While use of the Blue Card remains optional, programs are encouraged to check out the changes. The form provides a convenient place to organize required information. You can find LDSS-0792 on the OCFS website: <https://ocfs.ny.gov/main/documents/docsChildCare.asp>

### • Provider Input Needed! What is Your Infant – Toddler Evacuation Plan?

Child Care Aware of America® needs to hear from YOU in a new survey. **If you are an early learning professional** (family child care provider, child care center staff, Early Head Start staff, etc.) please let Child Care Aware of America know how you are evacuating with infants and toddlers. Child Care Aware® of America will use this information to create a leading practices resource document that will be available for the early childhood community. [Please fill this quick survey](#) out no later than **December 31, 2018**.

### • National Influenza Vaccination Week (NIVW): December 2-8

NIVW is a national awareness week focused on highlighting the importance of the influenza vaccine.

Visit <https://www.cdc.gov/flu/resource-center/nivw/communication-resources.htm> for more information and materials you can share with families and use in your program.

**IT'S NOT TOO LATE! GET A FLU VACCINE!**

National Influenza Vaccination Week  
[www.cdc.gov/flu/nivw](http://www.cdc.gov/flu/nivw)

#FIGHT FLU

### • Outdoor Snow Activities

**A Twist on the Snowman** [www.happyhooligans.ca](http://www.happyhooligans.ca)

Looking for a fun alternative to building a snow man? Try potato heads in the snow! Bring the potato head pieces outside and build a potato head family using the snow as the body.

**A Snowy Obstacle Course** <https://theinspiredtreehouse.com/>

You'll need: snow, a sled and a snow shovel or bucket  
What to do: Show the children the starting line and then challenge them to perform the following tasks:

- make a snow angel
- throw a snowball at a target
- move 3-5 shovelfuls of snow (or buckets) from one designated place to another
- pull or push a friend on a sled across the finish line



**Check out this free printable winter scavenger hunt**

<https://www.cbc.ca/parents/play/view/printable-winter-scavenger-hunt>

- **Upcoming Trainings**

- Medication Administration Training Certification**

- Matthew Johnson RN, Otsego County Department of Health*

- January 26, 2019 • 7:45am-5:30pm**

- Limited Space. Cost is \$175.00 (\$100.00 reimbursement from OCFS for students that complete the class successfully). For more information and to register contact Matthew Johnson at 607-547-7518.

- **Intensive Technical Assistance (ITA)**

**What is ITA?**

ITA is program designed to help YOU enhance your child care program. You decide on an area you would like to focus on and a day care specialist will provide assistance in your child care program. A day care specialist will work with you individually to schedule 1, 2, 3 or 4 visits. Each visit is scheduled for one hour.

**What is the cost?** There is no cost. **Can you earn training credit?** Yes!

**For more information contact a day care specialist at 607-746-1620 or by email at [daycare@delop.org](mailto:daycare@delop.org).**

- **Reminder to Complete your Shelter in Place Drills**

New York State Child Day Care Regulations states that each program must hold two shelter-in-place drills annually during which procedures and supplies are reviewed. Parents must be made aware of this drill in advance. Be sure to maintain on file a record of each shelter-in-place drill conducted, using forms provided by the Office or approved equivalents.

-You can find the Record of Shelter in Place Drills (OCFS-6077) [here](#).

-Visit the [Office of Children and Family Services](#) website for more information on Emergency Preparedness or learn more by completing the [Emergency Preparedness free e-learning online course](#) offered by the Early Childhood Education and Training Program.

- **Yum!**

- Mini Spinach and Cheese Pizza Roll**

- [www.yummytoddlerfood.com](http://www.yummytoddlerfood.com)

**Ingredients for 12 pizza rolls:**

5 ounces of spinach chopped

1 tablespoon of olive oil

13-16 ounces of pizza dough

1 cup of pizza sauce

2 cups shredded mozzarella cheese

¼ cup grated parmesan cheese



**Instructions:**

-Preheat oven to 400 degrees and grease muffin tin.

-Warm the olive oil over medium heat in a skillet and cook the spinach just until wilted. Remove from heat and drain, pressing out all excess liquid.

-Use your hands to stretch the dough into an 11x16 inch rectangle on a piece of parchment paper. Spread enough pizza sauce on the dough to cover, then sprinkle on the spinach and mozzarella.

-Starting on one long side, roll the dough up carefully. Use a serrated knife to cut into 12 even slices. Place each slice into a prepared muffin cup, sprinkle with Parmesan, and bake for 18-20 minutes until the dough is baked through, the cheese is melted, and the tops are golden.

-Remove from pan, using a knife around the edges if needed and let cool slightly before serving.