



**Delaware Opportunities Inc.
Child Care Resource & Referral**

35430 State Highway 10
Hamden, NY 13782
Phone: 607-746-1620 Toll Free: 877-746-2279
Fax: 607-746-1648
Email: daycare@delawareopportunities.org
Website: www.delawareopportunities.org

March 2016

**Please join Child Care Resource and Referral
for our Lunch and Learn event:**

FREEDOM OF MOVEMENT

*With Sarah Gould-Houde
Regional Infant & Toddler Specialist
Capital District Child Care Council*

**Child Care Resource & Referral is pleased to invite you to
bring your lunch and join us to:**

- Discuss how freedom of movement enhances maximum gross motor development which helps an infant become self-confident, secure, and happy
- Learn techniques to work with parents on floor time with their infants and limit time spent in containers (carriers, baby swing, walker, etc.)
- Explore ways to create space to implement freedom of movement
- Examine the newly established Freedom of Movement checklist
- Learn how to become a Freedom of Movement certified program

**May 2, 2016
11am-1pm
Delaware Opportunities Inc.
35430 State Highway 10
Hamden, NY 13782**

Who should attend?

*-Child care
providers/directors
-Professionals
-Parents
-Other interested
community members
-2 hours of training-
NYSOCFS Regulation
areas 1 & 3*

For more information and to register for this free event please contact a Day Care Specialist at 607-746-1620 or by email at daycare@delawareopportunities.org.

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***“Building Excellence
In Child Care”***

Tri-County AEYC
2nd Annual Early Childhood Art Show

April 17-23, 2016
Southside Mall, Oneonta

Showcase art work from the children in your program. Children's artwork will be on display at the Southside mall from April 17-23, 2016, to celebrate the Week of the Young Child.

Please submit art work no later than April 8th to:

Tri-County AEYC
PO Box 993
Oneonta, NY 13820

Guidelines for artwork:

- Paper size 11x14, 8.5x11 or smaller
- Artwork can include paint, marker, crayon, colored pencil, watercolor, pastels, collage...
- Sculptures, pottery, clay or other 3D art
- Artwork must include child's first name, age and program.

Early Childhood Day
Saturday, April 23, 2016

Skirted tables and chairs will be available at the Southside Mall on Saturday, April 23, 2016 from 12pm-4pm, to early childhood programs who would like to promote their organization and business. For more information or to reserve a table please contact Angel Ferguson at 607-432-6084 or by email at aferguson@stny.rr.com.

WEEK OF THE YOUNG CHILD CELEBRATION

The Tri-County AEYC will be offering a **FREE children's parade and celebration** on Thursday, April 21, 2016 for the Week of the Young Child. Anyone who has young children is invited to attend this celebration. Parade starts at 10:00am at the corner of Market St. and Chestnut St. Ext in Oneonta and will proceed down Main Street sidewalk to the Oneonta YMCA where Doug Rougeux will entertain the children with a **soap bubble spectacular show!** For more information contact Teresa Adell at 607-988-9016.

WEEK of the YOUNG CHILD
Celebrating Our Youngest Learners
April 10-16

The Week of the Young Child is an annual celebration sponsored by the National Association for the Education of Young Children (NAEYC) celebrating early learning, young children, their teachers and families. Check out **NAEYC's Young Child Activity Resources** for fun ideas with music, cooking, building, open ended art and engaging and celebrating families: <https://www.naeyc.org/woyc/activity-resources>



Unplug from digital entertainment and spend your free time playing, reading, daydreaming, creating, exploring and connecting with family and friends.

Visit www.screenfree.org to learn how to plan a screen-free week, see who's celebrating, spread the word and register your event.

Save the Date!
Delaware Opportunities Inc.
8th Annual Children's Festival

Imagine, create, participate...
Learning fun for everyone!

June 29, 2016
10am-2pm

Enjoy a fun filled day of hands-on activities with your children and the children you care for.

Dress for Play! * All Activities are FREE
Refreshments * Rain or Shine

35430 State Highway 10, Hamden, NY
607-746-1620

Training Calendar

Be sure to visit www.delawareopportunities.org for training information, upcoming events, parenting education opportunities, child care issues and how to join advocacy groups to strengthen the quality of child care, and much more.

Videoconference Trainings

Videoconferences are held at Delaware Opportunities Inc., 35430 St. Hwy 10, Hamden, NY. All video conferences begin at 6:45 pm. Videoconferences are Free

May 19, 2016

Identifying and Helping Children Who Have Experienced Trauma

June 23, 2016

Addressing Challenging Behavior: An Overview of the Pyramid Model

November 3, 2016

Addressing Challenging Behavior: The Pyramid Model in Action

For more information or to register for videoconference trainings:

- Visit www.ecetp.pdp.albany.edu
- For questions call 518-442-6575

2.5 hours of training and .25 CEUs
For training topic descriptions and CDA content areas visit www.ecetp.pdp.albany.edu

Videoconference training is an adult learning experience. Because of the sensitive nature of some of the topics, children are not permitted.

Early Care Management Training for Child Care Center Directors

Supported by the New York State Office of Children and Family Services, the Early Care and Learning Council's Early Care Management Training Project provides training and technical assistance designed to help child care center directors.

For more information and to see the schedule of training workshops visit: <http://www.earlycareandlearning.org/early-care-management-trainings.html> or contact the Early Care and Learning Council at 518-690-4217 or by email at ahahn@earlycareandlearning.org

Early Childhood Education and Training Program E-Learning

Early Childhood Education and Training Program E-Learning (ECETP E-Learning) courses are available for all child care providers at **no cost to participants**.

Current Courses Available:

- Keeping Children Safe: Prevention of Lead Poisoning and Other Dangers to Children
- Preventing Sudden Infant Death Syndrome and Promoting Safe Sleeping
- Preventing Shaken Baby Syndrome (SBS)
- Mandated Reporter Online Training
- Managing Challenging Behaviors: Birth to 18 Months
- Managing Challenging Behaviors: 18 to 36 Months
- Transportation
- Family Engagement
- Early Intervention
- Emergency Preparedness
- Obesity Prevention
- Supervision of Children
- School-Age Child Care Programs
- **** NEW **** Infant Brain Development

For more information on fulfilling training topic requirements or CDA competency goals, hours of training or to take any of the learning courses visit: http://www.ecetp.pdp.albany.edu/elearn_catalog.shtm

NYSAEYC 2016 Conference

April 7-April 9, 2016

Rye Brook, NY

For more information visit <http://nysaeyc.org/>

NYS Child Abuse Prevention Conference

Give Strength, Inspire Action

April 11-13, 2016

Albany, NY

For more information visit

www.preventchildabuseny.org

The **Educational Incentive Program (EIP)** is a scholarship program which helps providers pay for training and educational activities with the intent to build provider knowledge, skills and competencies and improve the quality of childcare.

The 2016 EIP application and information booklet is available online!

To find out if you are eligible for an EIP scholarship or to apply for an EIP scholarship visit:

<https://www.ecetp.pdp.albany.edu/eip.shtm>

**Family Child Care Association of NYS, Inc.
25th Annual Conference
Friday and Saturday
April 15 & 16, Callicoon, NY**

For information on registration, workshops and more visit
<http://www.fccanys.org/>

**2016 Afterschool Works! NY:
the New York State Afterschool Network
Annual Conference
April 15th & 16, Saratoga Springs, NY**

For more information including workshops and registration visit <http://www.afterschoolworksny.org/>



Aspire is New York State's registry and statewide training calendar for early childhood and school age professionals. Teachers, providers, directors, trainers and anyone who works with children can use Aspire to keep track of important information about their career, including education, employment history and other professional development or contributions. Aspire can also help early childhood and school age professionals plan and find professional development that will enrich their practice.

To learn more about the Aspire registry visit New York Works for Children website:

<http://nyworksforchildren.org/Home.aspx>

**Tri-County
Association for the Education of Young Children (AEYC)**

Mission: The Tri-County AEYC supports the development of professionals to promote quality care and education for the wellbeing of all young children and families.

Membership benefits include:

- Discount on annual conference and workshops
- Membership and awards banquet
- Newsletter
- Week of the Young Child celebration
- Networking and advocacy
- Member of local, state, and national AEYC

**For more information on the Tri-County
AEYC including membership contact:**

Teresa Adell
adelt@hughes.net
607-988-9016

Make a move!

Want to add some excitement to block play? Move your blocks. Sometimes just moving the blocks to a different area of the room or even outside under a tree sparks interest!

Provide a flat surface to build on for example a flat wood board or large piece of cardboard.

Place the blocks in open baskets or bowls in an area next to the flat building surface. Offer different types of blocks such as wooden blocks, tree blocks, rainbow blocks, jenga blocks, etc.

Add loose parts! Fabric scraps, shells, natural materials (leaves, sticks, flowers), story stones, short pieces of ribbon/lace, popsicle sticks, shower curtain rings, etc. Place items in open containers so that the children can easily see their options.

Add people, cars and small boxes (tissue boxes make great houses!)

And of course there are signs to be made and maps to be drawn so have paper, tape, pencils, markers and crayons ready to go.

It's okay to start out by just moving the blocks and adding a few loose parts to start. Set it up before the children arrive and let them discover the new area. Add more to the area in a few days or the following week. If you need help collecting items such as tubes, tissue boxes, scrap fabric, etc. create a wish list and share it with parents.

Spring in a Bottle Nature Walk Sensory Project

Gather some clear empty water bottles and colored duct tape. Give each child a bottle and go on a spring nature walk! Encourage the children to put the spring treasures they find (blades of grass, flower petals, leaves, etc.) in their bottle. Gently fill each bottle with water, screw the lid on tightly and use the tape to secure the lid.



Washi Tape Lego Duplo

www.notimeforflaschcards.com

Want to make your Duplo's seem like new again? Add washi tape! Washi tape is colorful paper tape that comes off easily so not only can you reposition it you can remove it. Just wrap the tape around the blocks and set the blocks out for building. Another idea? Set the blocks out on a table along with some washi tape and let the children decorate the blocks



Homemade DIY Paintbrushes

Materials:

- Clothespins
- Scissors
- Paint and paper
- Items for brushes:
 - Pompoms
 - Leaves
 - Old gift card
 - Yarn
 - Fabric
 - Feathers
 - Pipe cleaners
 - Cupcake liners



Gather materials and cut larger materials down to size. Use the clothespins to clip each material and make a brush. Dip in paint and paint away!