



NEWSLETTER

CHILD CARE RESOURCE AND REFERRAL

FALL 2023



“BUILDING EXCELLENCE IN CHILD CARE”

Our Mission

Delaware Opportunities Inc. Child Care Resource & Referral program is committed to promoting quality, affordable child care that results in education and healthy development of children and supports strong families and communities. To read our public policy agenda and learn more about child care issues, find facts about child care in Delaware County and New York State, or to join advocacy campaigns to strengthen the quality of child care, visit:

<https://delawareopportunities.org/public-policy> or contact a day care specialist Monday-Friday, 8:00am - 4:00pm at (607)746-1620 or toll free at 1-877-746-2279; or by email at daycare@delop.org

CCAP News

Below are the new guidelines for the NYS Child Care Assistance Program as of October 1, 2023

Family Size	85% State Median Income for NY
2	\$67,490.17
3	\$83,370.21
4	\$99,250.25
5	\$115,130.29
6	\$131,010.33

Additionally, all districts will be required to provide assistance for children who are temporarily absent from care for up to 80 days per child per year. **This only applies to providers who have families that participate in CCAP.**

Fall Leaf Scavenger Hunt

Want an easy and fun outdoor activity this season?



Grab a few paper bags, label each bag for a different color leaf and ask the children to find those leaves and sort them into the correct bag! Sorting is a great way way to enhance math skills!

Make it even trickier and throw in a bag for other fall items, such as pinecones or acorns!



Regulation Review

Supervision of Children

Children cannot be left without competent supervision at any time. Competent supervision includes awareness of and responsibility for the ongoing activity of each child. Competent supervision must take into account the child's age, emotional, physical, and cognitive development. It requires that all children be within a teacher/caregiver's range of vision* and that the teacher/caregiver be near enough to respond when redirection or intervention strategies are needed.

**For FDC and GFDC there are exceptions.*

To review your day care modality's Supervision regulations, please visit:

<https://ocfs.ny.gov/programs/childcare/regulations/>

Program Requirements

Programs must offer daily supervised outdoor play, except during inclement or extreme weather or unless otherwise prohibited by a health care provider.

To view the Child Care Weather Watch Chart, please visit:

<https://www.c-uphd.org/documents/wellness/weatherwatch.pdf>

Safety

The emergency plan must include the following:

- (i) how children and adults will be made aware of an emergency
- (ii) a designation of primary and secondary evacuation routes;
- (iii) methods of evacuation, including where children and adults will meet after evacuating the home, and how attendance will be taken;
- (iv) a plan for the safe evacuation of children from the premises for each shift of care provided (day, evening, nights);
- (v) the designation of primary and secondary emergency relocation sites to be used in the case of an emergency, which prohibits re-entry to the premises, and how the health, safety and emotional needs of children will be met in the event it becomes necessary to evacuate to another location;
- (vi) a strategy for shelter in place; and how the health, safety and emotional needs of children will be met in the event it becomes necessary to shelter-in-place; and
- (vii) notification of authorities and the children's parents;
- (viii) roles of staff; and
- (ix) procedures related to the reunification of children and caretakers

To review your day care modality's Emergency Plan requirements, please visit:

<https://ocfs.ny.gov/programs/childcare/regulations>



Child and Adult Care Food Program



Do you participate in the Child and Adult Care Food Program (CACFP)? Did you know that this program allows you to receive:

- Money every month
- Free training
- Meal planning assistance
- Nutrition education

Delaware Opportunities Inc. is the sponsoring agency for the Child and Adult Care Food Program (CACFP) for registered family day care programs, licensed group family day care programs and eligible legally exempt family child care programs in Delaware County.

Interested in these benefits? Contact a Day Care Specialist today!!

Try it out!



Banana Sushi Roll



Total Time
5 minutes



Serving Size
1/2 roll



Servings
2



Components
Meat/Meat Alternate,
Grains, Fruit

Directions

Ingredients

- Whole wheat tortilla
- 1 banana
- 2 tbsp of peanut butter

1. The children can make this snack all on their own (with help if needed)
2. Give each child a tortilla with the peanut butter, and let them spread it using the back of spoon.
3. Place peeled banana at one end and roll it up.
4. Slice into eight pieces
5. Enjoy!

Scarecrow, Scarecrow

**To the tune of ABC's*

“Scarecrow, scarecrow, turn around,
Scarecrow, scarecrow, touch the ground.
Scarecrow, scarecrow, reach up high,
Scarecrow, scarecrow, touch the sky.
Scarecrow, scarecrow, bend down low
Scarecrow, scarecrow,
touch your toes.”

**Act all movements out with the children (ex. turn around, touch the ground, etc.)*



Contact Us!

Delaware Opportunities Inc.

Child Care Resource & Referral

Monday-Friday

8:00AM-4:00PM



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Toll Free: 1-877-746-2279



daycare@delop.org



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We offer providers free training and technical assistance that can be tailored towards a specific topic of the provider's choosing.

